

Paoli, PA — Today, Congressman Joe Sestak (PA-7), held a Congress at Your Corner program at an Acme Market in Paoli as part of his office's industrious constituent outreach efforts. The program is designed to take his office out into the communities he serves in order to hear from constituents so that he may better represent the families of the seventh district.

"I believe accountability and accessibility to the families of our district are very important to being an effective Representative and I am committed to both," said Joe. "Instead of asking folks to come to my office, I want to also go to them and make it convenient for them to see their Member of Congress."

This is the second Congress at Your Corner in two weeks that the Congressman has held in the district; the first one held at the major annual fundraiser of the Upper Merion Senior Service Center. Throughout the year, Congressman Sestak will be scheduling more public appearances throughout the district at weekend hot spots such as grocery stores and shopping centers. The Congressman will have congressional staff with him and be available to discuss issues that are on the voters minds, listen to their opinions and even open case files to help them with any problems they be having with a federal agency.

In addition, Congressman Sestak will bring materials from the federal government, including forms, brochures, and informational packets, that will help constituents with issues that are important to them, including Social Security, Medicare, Veterans benefits, and federal financial aid programs.

"I ran for Congress so I could help people get access to healthcare, a quality education, and so I can help businesses grow and create jobs in our district," added Joe. "Going out to the community I serve and soliciting the opinions of my constituents will be an important part of that process. With the new expanded work week in Washington it is important for me to meet with as many people as possible on the weekends."

Throughout the year, all scheduled Congress at Your Corner events will be sent to the media in advance with the hopes that they will help alert area residents.

Born and raised in Delaware County, former 3-star Admiral Joe Sestak served in the Navy for 31 years and now serves as the Representative from the 7th District of Pennsylvania. He led a series of operational commands at sea, including Commander of an aircraft carrier battle group of 30 U.S. and allied ships with over 15,000 sailors and 100 aircraft that conducted operations in Afghanistan and Iraq. After 9/11, Joe was the first Director of "Deep Blue," the Navy's anti-terrorism unit that established strategic and operations policies for the "Global War on Terrorism." He served as President Clinton's Director for Defense Policy at the National Security Council in the White House, and holds a Ph.D. in Political Economy and Government from Harvard University. According to the office of the House Historian, Joe is the highest-ranking former military officer ever to serve in the U.S. House of Representatives.

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